

CLENPIQ

Split-Dose Bowel Prep Instructions

★ **SPLIT-DOSE REGIMEN** — Begin the 2nd dose exactly 7 hours before your procedure. **NOTHING BY MOUTH** (including water) starting 5 hours before your procedure. Confirm your exact times with our scheduling team. ★

✓ ALLOWED CLEAR LIQUIDS	✗ NOT ALLOWED
Strained chicken, beef, or vegetable broth	Cream soups; rice, egg, or noodle soup
Black coffee, black tea (no milk/creamers)	Milk or non-dairy creamer
Carbonated and non-carbonated soft drinks	Smoothies, protein shakes
Gatorade, Pedialyte, PowerAde	Tomato juice
Kool-Aid or other fruit-flavored drinks	Juice with pulp (orange/grapefruit)
Apple juice, white cranberry, or white grape juice	Nothing red or purple
Jell-O, popsicles (not red/purple)	

SPLIT-DOSE BOWEL PREP: CLENPIQ (2 bottles + 1 mixing cup)

- Clenpiq is a colon prep causing the body to evacuate the contents of the colon. This causes significant fluid loss and can result in dehydration.
- Prepare your body by drinking extra clear liquids before the prep, and drink plenty of water to replace what you lose during the prep.
- Do not drink anything after midnight the evening before your colonoscopy, other than what is directed for Dose 2 below.

Evening Before Procedure — DOSE 1

- 6:00 PM: Drink one bottle of Clenpiq.
- Remain close to a bathroom. The solution may begin to work within 30 minutes.
- Keep hydrating — drink at least 5 cups of clear liquid over the next several hours.

Day of Procedure — DOSE 2

- **Begin Dose 2 exactly 7 hours before your scheduled procedure time.**
- Drink the other bottle of Clenpiq.
- Continue to remain close to a bathroom. Stool should become liquid and eventually turn clear yellow like urine.
- **Keep hydrating and finish all clear liquids no later than 5 hours before your procedure. NOTHING BY MOUTH — including water — after that point.**

YOU WILL BE READY FOR YOUR PROCEDURE WHEN:

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| ☐ You have read through and followed all instructions. | ☐ Your bowel movements are clear yellow fluid, like urine, and you can see the bottom of the toilet. |
| ☐ You have completed ALL of your prep solution. | ☐ You have arranged and confirmed a ride home with a family member or friend. |

Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking the prep, if you experience cardiac arrhythmias or seizures, or have any questions or concerns.

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